



First Aid Kit Mountaineer

General information

The Care Plus® First Aid Kit "Mountaineer" has been developed by experienced expedition doctor, Dr. R. Hulsebosch and contains the essentials required for mountain sports. Dr R Hulsebosch has also contributed to the "Care Plus® First Aid Guide" with 40 pages of valuable first aid information from medical professionals.

This kit has been developed especially for mountain hikers and mountaineers. Due to the nature of these activities reaching medical professionals in an emergency may be difficult and often time consuming. This is clearly reflected in the contents of the Mountaineer.

The extensive collection of bandages has been supplemented by such items as a splint, camphor spray, foot powder, an emergency whistle and emergency signal instructions. The large array of bandages include finger and knuckle plasters, blister dressings and sports tape. Obviously, this first aid kit also includes an emergency blanket to protect against heat or cold.

Benefits to the customer

- Includes the 40 pages first aid manual "Care Plus® First Aid Guide"
- New: emergency signal instructions, emergency whistle, splint
- Also includes: sun protective lipstick, camphor spray, foot powder and a an extensive set of plasters and bandages



Contents - bandages & dressings	#	Contents – first aid items	#
Sterile gauze swabs 5x5 cm	5	Care Plus® First Aid Guide	1
Low-adherent pad 10x10 cm	4	Wound closure strips (5)	1
Conforming bandage 5 cm x 4 m	1	Sport tape 2.5 cm x 10 m	1
Conforming bandage 7.5 cm x 4 m	1	Vinyl gloves (pair)	2
Adhesive wound dressing 19x38 mm	5	Blood lancet	5
Adhesive wound dressing 25x72 mm	5	Alcohol wipes	10
Adhesive wound dressing 60x100 mm	5	Emergency shears (large)	1
Finger plaster	4	Safety pins (6 pieces, sorted)	1
Knuckle plaster	4	Triangular bandage	1
Blister dressing 5x5 cm (large)	2	Emergency Blanket	2
Blister dressing (small)	2	Shatterproof thermometer	1
Emergency bandage 12x12 cm	2	Lipstick	1
Surgical tape 2.5 cm x 5 m	1	Splint	1
		Camphor spray	1
		Foot powder	1
		Emergency whistle	1
		Emergency signals instruction	1